

Best practice in social policy

depopulation control in Łódzkie Region

“Challenges of Regional Centres:
Depopulation Control, Development – best practices”,
DeCoDe,

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Best practice in social policy depopulation control in Lodzkie Region

1. Universal design
2. Senior Card of the Lodzkie Region Programme
3. Regional Large Family Card Programme
4. Regional FASD Diagnosis and Therapy Point in Łódź





Challenges of Regional Centres: Depopulation Control, Development – best practices (DeCoDe)

Universal Design

- ✓ Universal Design – design of products, environment, programmes and services in a way making them useful for everyone , as much as possible, without the need of adaptation or specialistic composition

/Convention of the rights of persons with disabilities (United Nations Resolution 61/06)/
- ✓ Universal Design as a one of innovative tools acting for equality principle implementation and full participation in social life
- ✓ Universal Design as dynamic process, reflecting permanent need of searching new measures to minimize existing limitations
- ✓ Universal design allows to increase access to public space, architecture, transport, as much as products and services, including internet websites
- ✓ Goals of the Universal Design: increasing quality and ensuring independence life people with various needs and possibilities, including elderly and persons with limited mobility and perception or disable people





Challenges of Regional Centres:

Depopulation Control, Development – best practices (DeCoDe)

Co-financed by State Fund for the Rehabilitation of the Disabled (PFRON)
construction works concerning facilities for rehabilitation in connection with the
needs of disabled persons (special fund)

- ✓ Until now about **240** investments have been implemented
- ✓ Goal: making buildings and public space available for elderly and people with different disabilities
- ✓ The construction works have been co-financed in:
 - municipal offices,
 - social care centers,
 - community self-care centers,
 - educational institutions,
 - culture institutions,
 - sports facilities,
 - health care institutions,
 - leisure and rehabilitation centers.



Universal design rules implementation



Reconstruction, modernization with adaptation to the needs of people with disabilities - building for Psychological and Pedagogical Counselling in Skierniewice

Universal design rules implementation



Reconstruction, modernization with adaptation to the needs of people with disabilities - building for Psychological and Pedagogical Counselling in Skierniewice

Universal design rules implementation



Adaptation of the Children Holiday Centre building in Głaz to the needs of people with disabilities – works connected with renovation of the driveway and reconstruction of the entrances

Universal design rules implementation



Reconstruction of the bathrooms with adaptation to the needs of people with disabilities in the Children Holiday Centre building in Głaz

Universal design rules implementation



Expansion of the thermal and pool complex in Uniejów – selected part of the project implemented with regard of the needs of people with disabilities



Challenges of Regional Centres: Depopulation Control, Development – best practices (DeCoDe)

Senior programmes in Poland, with special regard to the regional programme, acted to support elderly people, under the name **Senior Card of the Lodzkie Region**

Due to accelerating of the population aging process in Poland, programmes aiming at **organizing and supporting all forms social activity, including civic, cultural, artistic, sports, are implemented on every level of public administration**



Administrative division of the implemented senior programmes



NATIONAL LEVEL

Nationwide Senior Card Programme



Local editions

e.g. Nationwide Senior Card Programme
– Edition Radomsko



REGIONAL LEVEL

Regional programmes

e.g. „Senior Card of the Lodzkie Region Programme”



LOCAL LEVEL

Local senioral Programme

e.g. „Senior Card of Zgierz”, „Senior Card of Pabianice”,
„City Senior Card-Łódź”, „Senior Card of Skierniewice”



Sources of the pictures: <http://www.radomsko.pl/ogolnopolaska-karta-seniora-edycja-radomszczanska,ne,mg,1,8,2755> ; http://www.umz.zgierz.pl/bip/?bip_umz_getfile=1&bip_umz_fileid=11405 ;
<https://www.um.walbrzych.pl/pl/news/og%C3%B3lnopolska-karta-seniora>



Senior Card of the Lodzkie Region Programme

At the regional level, the **Regional Government of the Lodzkie Region in October 2017 launched its own program called "Senior Card of the Lodzkie Region". It is dedicated to all residents of the Lodz region aged 60+.**

The program is aimed at:

- promoting social activity and improving the quality of life for seniors,
- strengthening the financial condition of seniors,
- encouraging people 60+ to use cultural goods, education, sports and other in the Lodzkie region,
- enabling seniors to develop their passions and interests and to promote active leisure activities.





Challenges of Regional Centres: Depopulation Control, Development – best practices (DeCoDe)

Senior Card of the Lodzkie Region Programme

Card holders are entitled to benefit from concessions and discounts from program partners.

Over 50 entities have decided to support the program, operating in areas such as:

- culture,
- healthcare,
- sport,
- rest and recreation,
- transport,
- cosmetology,
- sale of food.





Challenges of Regional Centres: Depopulation Control, Development – best practices (DeCoDe)

Senior Card of the Lodzkie Region Programme

Partners include:

cultural institutions under the Marshal's Office of the Lodzkie Region (Teatr Wielki in Łódź, Jaracza Theater in Łódź, Lodz Philharmonic, Art Museum in Łódź, Łódź Cultural Center, Provincial Public Library, Archaeological and Ethnographic Museum in Łódź, Open-Air Museum "Łęczycka Farm"),

- Łódź Agglomeration Railway,
- sports and recreation centers in Skierniewice and Brzeziny,
- private cinemas in Łódź, Łęczyca and Zduńska Wola,
- swimming pools complexes in Uniejów and Bełchatów,
- Biuro Podróży "Wiktor" with a branch in Łódź and Zgierz,
- Publishing House of the University of Łódź,
- significant meat and delicatessen factories.



Senior Card of the Lodzkie Region Programme

Applications for the card have been submitted **so far by more than 17,000 inhabitants of the Lodz region.**

Card design:



Senior Card of the Lodzkie Region Programme



*Holders of the first Senior Cards of the Lodzkie Region,
from the left: Maria Banach, Zygmunt Cybulski, Grażyna Pigułowska.*

Senior Card of the Lodzkie Region Programme

Promotion of the program during events addressed to the inhabitants of the Lodzkie region:



*Wojewódzkie Dni Seniora 2018
– Sieradz, Piotrków Trybunalski*



*Mixer Regionalny
– Łódzkie 2018*



*VIII Wojewódzki Przegląd
Twórczości Dojrzałej
„Przystanek 60+”*



Challenges of Regional Centres: Depopulation Control, Development – best practices (DeCoDe)

Program of activities for large families: Regional Large Family Card





Regional Large Family Card

- ✓ Regional Large Family Card entitles you to benefit from the concessions and entitlements offered by the program partners.
- ✓ The persons entitled to obtain the Card are:
parents or guardians of children living at a joint address in the Lodz region with three or more dependent children:
 - up to 18 years old
or
 - 25. years old when a child is studying
or
 - without age limit in the case of children with a certificate of severe disability or complete incapacity for work and independent existence.
- ✓ Cards are issued free of charge, on the basis of a submitted application, for a period of 36 months



Regional Large Family Card



- The card is issued since December 1st, 2013.
- In the period of December 1st, 2013 to May 14th, 2019: **3 963** families applied for the Card
- W okresie tym wydano **20 148** Kart.



Regional Large Family Card

- The program includes **59 entities** (companies offering discounts on their services and products), including:
 - 11 entities – units subordinate to the Self-Government of the Lodzkie Region,
 - 48 private entities.
- Discounts and entitlements apply to the cultural, recreational, educational and food offer.
- **4** local governments joined the program by signing an agreement with the Lodzkie Region, i.e. :
 - the city of Pabianice,
 - Pabianice Commune,
 - Rzgów Commune,
 - Zgierz Commune.

Regional Large Family Card

During the Opening Ceremony „Regional Celebration of the Day of the Family", which took place on May 10, 2019, the Regional Large Family Card no. 20.000 was handed over



Regional Large Family Card

Promotion of the program during the Meeting of foster families and large families as part of the „Regional Celebration of the Family Day"





Challenges of Regional Centres: Depopulation Control, Development – best practices (DeCoDe)



Regional FASD Diagnosis and Therapy Point in Łódź





Challenges of Regional Centres: Depopulation Control, Development – best practices (DeCoDe)

Years 2014 - 2016

Training on the subject of FAS - one of many ...

- ✓ In 2014, the first trainings on the diagnosis of disorders and work with children with the FAS team were started as part of the RCPS

Trained:

- ✓ psychologists
 - ✓ educators
 - ✓ primary school teachers
 - ✓ educators of care and educational centers and day support centers.
-
- ✓ The aim of the training was to prepare participants to provide educational and environmental support to children with FAS





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Autumn 2015

Steps were taken to conduct initial psychological consultations towards FASD for family foster care forms

- ✓ in September, **17** foster families were included in the consultation, including **17** children,
- ✓ in October, **12** foster families took advantage of the consultations, including **20** children,
- ✓ a total of **15** children were referred for specialist tests for the diagnosis of FASD





Regional FASD Diagnosis and Therapy Point in Łódź

How it started?

- ✓ Aim: to help as many children as possible.
- ✓ Finding and checking the offer of help and support for children with FAS in Poland.
- ✓ The city of Gdynia is the only self-government that provides free, comprehensive assistance for children with FASD and their families.
- ✓ A visit to the Gdynia Center for Diagnosis and FASD Therapy.





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Decision of the Board of the Lodz Voivodship

- ✓ In October 2017, the Board of the Lodzkie Voivodship adopted a resolution on increasing the availability of assistance for children with FASD and their families in the Lodz region by conducting

Regional FASD Diagnosis and Therapy Point in Łódź

- ✓ The benefits offered as part of the Point's activities are **free of charge**
- ✓ The activity of the Point is financed entirely from the budget of the Local Government of the Lodzkie Voivodship, originating from fees for issuing by the Marshal licenses for wholesale trade in alcoholic beverages

Regionalny Punkt
Diagnozy i Terapii
FASD w Łodzi



Regional FASD Diagnosis and Therapy Point in Łódź

Tasks

The scope of activities of the Regional FASD Diagnosis and Therapy Point includes:

- ✓ comprehensive diagnoses towards FASD,
- ✓ consultation and work with an individual child with the FASD team, including instructions for parents / carers in working with the child at home,
- ✓ therapy in the field of sensory integration,
- ✓ psychoeducational meetings for parents / guardians.





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Team

Specialists conducting diagnostic consultations at the Point:

- ✓ dr n. med. Jadwiga Trojanowska - Lipczyk (pediatrician)
- ✓ lek. Katarzyna Pałka – Szafraniec (psychiatrist)
- ✓ Kinga Kuśmirowska (psychologist)
- ✓ Marta Seweryńska (psychologist with qualifications for therapy and neuropsychological diagnosis)

Consultation Point Coordinator Agnieszka Gaj.





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Diagnostic process

- ✓ Every child covered by the diagnostic process towards FASD conducted by the Regional FASD Diagnosis and Therapy Point is consulted by a pediatrician and psychologist
- ✓ Depending on the child's individual diagnostic process, a psychiatric consultation is also ordered
- ✓ The diagnostic process of the child under consultation ends with the submission of a medical and psychological opinion including:
 - information from the interview,
 - results of medical and psychological consultations,
 - recommendations for a specific therapy,
 - tips for a parent / teacher to work with a child.





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Why it is worth it... ?



- In the first days of the operation of the Point more than **40** children were reported for the diagnosis of FASD.
- In the period from March 2018 to mid-May 2019, a total of **279** children were covered by diagnostic consultations.
- There are another **200** children registered for consultations.





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Therapy...



From October 2018, the offer of the Regional FASD Diagnosis and Therapy Point has expanded to include services in the field of:

- ✓ sensory integration therapy SI
- ✓ neurodevelopmental therapy using elements of M. Masgutowa MNRI

20 children are covered by the therapy





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Further plans...



- ✓ organization of psychoeducational meetings for parents / guardians on the specifics of the functioning and education of a child with FASD
- ✓ training for specialists and people working with children with FASD (doctors, teachers, social workers, family assistants, etc.)





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Thank you for your attention.

**Regional Centre for Social Policy
in Łódź**

Organizational Unit of the Local Government of the Lodzkie Region

ul. Snycerska 8
91-302 Łódź

tel. 42 203 48 00

fax. 42 203 48 17

info@rcpslodz.pl, www.rcpslodz.pl



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